Algorithm E: Pharmacological management of asthma in children under 5 BTS, NICE and SIGN guideline on asthma

Take into account and try to address the possible reasons for uncontrolled asthma before starting or adjusting medicines for asthma. For example: alternative diagnoses or comorbidities; suboptimal adherence; suboptimal inhaler technique; passive smoking (including e-cigarettes); seasonal factors; environmental factors (such as air pollution and indoor mould exposure)

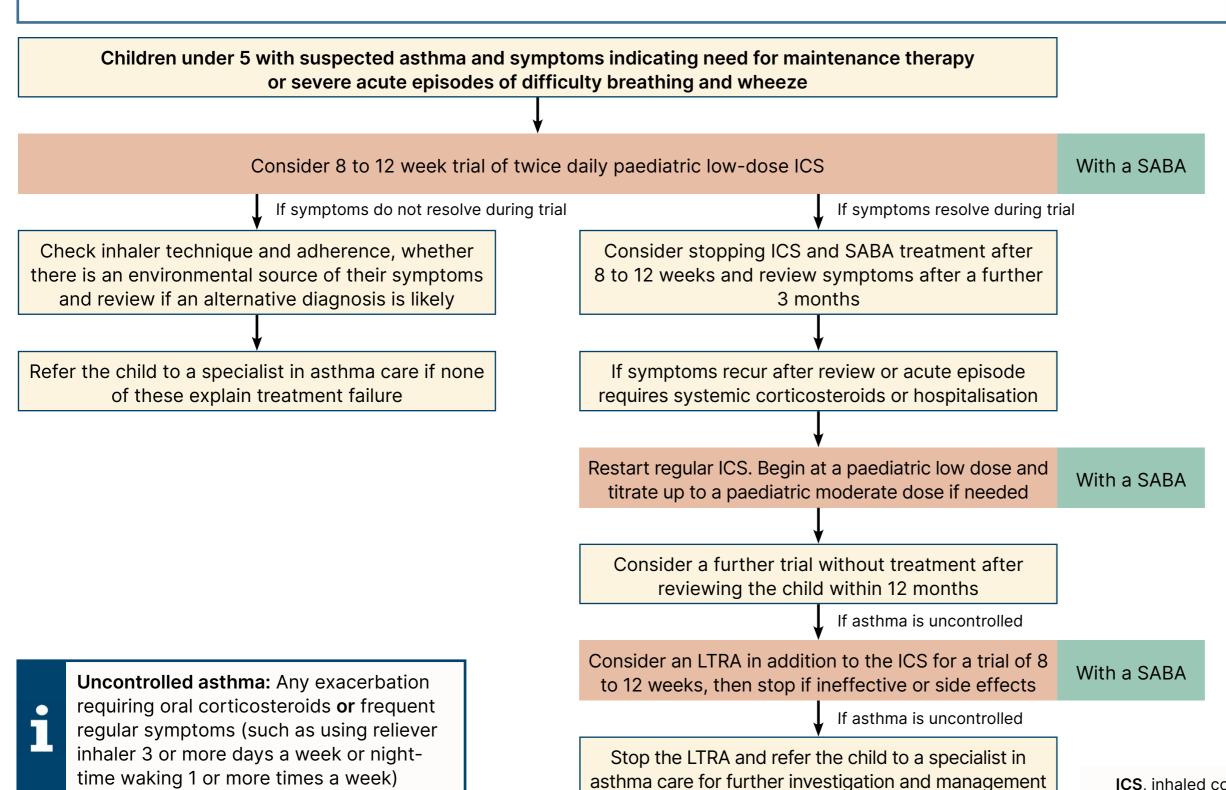
Symptom relief

Maintenance therapy

For guidance on dosages for paediatric low-dose ICS, see

<u>inhaled corticosteroid doses</u> for the BTS, NICE and SIGN

asthma guideline



ICS, inhaled corticosteroid; LTRA, leukotriene receptor antagonist; SABA, short-acting beta₂ agonist.



