

Table 9: Categorisation of inhaled corticosteroids by dose - adults* (see also Figure 2)

ICS	Dose		
	Low dose	Medium dose	High dose#
Pressurised metered dose inhalers (pMDI)			
Beclometasone dipropionate			
Non-proprietary	100 micrograms two puffs twice a day	200 micrograms two puffs twice a day	200 micrograms four puffs twice a day
Clenil Modulite	100 micrograms two puffs twice a day	200 micrograms two puffs twice a day	250 micrograms two puffs twice a day 250 micrograms four puffs twice a day
Qvar (extrafine) Qvar autohaler Qvar Easi-breathe	50 micrograms two puffs twice a day	100 micrograms two puffs twice a day	100 micrograms four puffs twice a day
Ciclesonide			
Alvesco Aerosol inhaler	80 micrograms two puffs once a day	160 micrograms two puffs once a day	
Fluticasone propionate			
Flixotide Evohaler	50 micrograms two puffs twice a day	125 micrograms two puffs twice a day	250 micrograms two puffs twice a day
Dry powder inhalers			
Beclometasone			
Non-proprietary Easyhaler	200 micrograms one puff twice a day	200 micrograms two puffs twice a day	
Asmabec	100 micrograms one puff twice a day	100 micrograms two puffs twice a day	
Budesonide			
Non-proprietary Easyhaler	100 micrograms two puffs twice a day	200 micrograms two puffs twice a day	400 micrograms two puffs twice a day
Budelin Novolizer		200 micrograms two puffs twice a day	200 micrograms four puffs twice a day
Pulmicort Turbohaler	100 micrograms two puffs twice a day	200 micrograms two puffs twice a day	400 micrograms two puffs twice a day
	200 micrograms one puff twice a day	400 micrograms one puff twice a day	
Fluticasone propionate			
Flixotide Accuhaler	100 micrograms one puff twice a day	250 micrograms one puff twice a day	500 micrograms one puff twice a day
Mometasone			
Asmanex Twisthaler	200 micrograms one puff twice a day	400 micrograms one puff twice a day	

* Different products and doses are licensed for different age groups and some may be applicable to older children. Prior to prescribing, the relevant summary of product characteristics (SPC) should be checked (www.medicines.org.uk/emc).

High doses (shaded boxes) should only be used after referring the patient to secondary care.

Table 9 (continued): Categorisation of inhaled corticosteroids by dose - adults* (see also Figure 2)

ICS	Dose		
	Low dose	Medium dose	High dose [#]
Combination inhalers			
Beclometasone dipropionate (extrafine) with formoterol			
Fostair (pMDI)	100/6 one puff twice a day	100/6 two puffs twice a day	200/6 two puffs twice a day
Fostair (NEXThaler)	100/6 one puff twice a day	100/6 two puffs twice a day	200/6 two puffs twice a day
Budesonide with formoterol			
DuoResp Spiromax	200/6 one puff twice a day	200/6 two puffs twice a day 400/12 one puff twice a day	400/12 two puffs twice a day
Symbicort Turbohaler	100/6 two puffs twice a day 200/6 one puff twice a day	200/6 two puffs twice a day 400/12 one puff twice a day	400/12 two puffs twice a day
Fluticasone propionate with formoterol			
Flutiform	50/5 two puffs twice a day	125/5 two puffs twice a day	250/10 two puffs twice a day
Fluticasone propionate with salmeterol			
Seretide Accuhaler	100/50 one puff twice a day	250/50 one puff twice a day	500/50 one puff twice a day
Seretide Evohaler	50/25 two puffs twice a day	125/25 two puffs twice a day	250/25 two puffs twice a day
Fluticasone furoate with vilanterol			
Relvar		92/22 one puff once a day	184/22 one puff once a day

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[#] High doses (shaded boxes) should only be used after referring the patient to secondary care.