

Table 10: Categorisation of inhaled corticosteroids by dose - children\* (see also Figure 3)

ICS	Dose		
	Very low dose	Low dose	Medium dose <sup>#</sup>
<b>Pressurised metered dose inhalers (pMDI) with spacer</b>			
<b>Beclometasone dipropionate</b>			
Non-proprietary	50 micrograms two puffs twice a day	100 micrograms two puffs twice a day	200 micrograms two puffs twice a day
Clenil Modulite	50 micrograms two puffs twice a day	100 micrograms two puffs twice a day	200 micrograms two puffs twice a day
Qvar (extrafine) Qvar autohaler Qvar Easi-breathe		50 micrograms two puffs twice a day	100 micrograms two puffs twice a day
<b>Ciclesonide</b>			
Alvesco Aerosol inhaler		80 micrograms two puffs once a day	160 micrograms two puffs once a day
<b>Fluticasone propionate</b>			
Flixotide Evohaler	50 micrograms one puff twice a day	50 micrograms two puffs twice a day	125 micrograms two puffs twice a day
<b>Dry powder inhalers</b>			
<b>Beclometasone</b>			
Asmabec		100 micrograms one puff twice a day	100 micrograms two puffs twice a day
<b>Budesonide</b>			
Non-proprietary Easyhaler		100 micrograms two puffs twice a day	200 micrograms two puffs twice a day
Pulmicort Turbohaler	100 micrograms one puff twice a day	100 micrograms two puffs twice a day 200 micrograms one puff twice a day	200 micrograms two puffs twice a day 400 micrograms one puff twice a day
<b>Fluticasone propionate</b>			
Flixotide Accuhaler	50 micrograms one puff twice a day	100 micrograms one puff twice a day	250 micrograms one puff twice a day
<b>Mometasone</b>			
Asmanex Twisthaler		200 micrograms one puff twice a day	
<b>Combination inhalers</b>			
<b>Budesonide with formoterol</b>			
Symbicort Turbohaler	100/6 one puff twice a day	100/6 two puffs twice a day 200/6 one puff twice a day	
<b>Fluticasone propionate with salmeterol</b>			
Seretide Accuhaler		100/50 one puff twice a day	
Seretide Evohaler		50/25 two puffs twice a day	

\* Different products and doses are licensed for different age groups and some are not licensed for use in children. Prior to prescribing, the relevant summary of product characteristics (SPC) should be checked ([www.medicines.org.uk/emc](http://www.medicines.org.uk/emc)).

<sup>#</sup> Medium doses (shaded boxes) should only be used after referring the patient to secondary care.