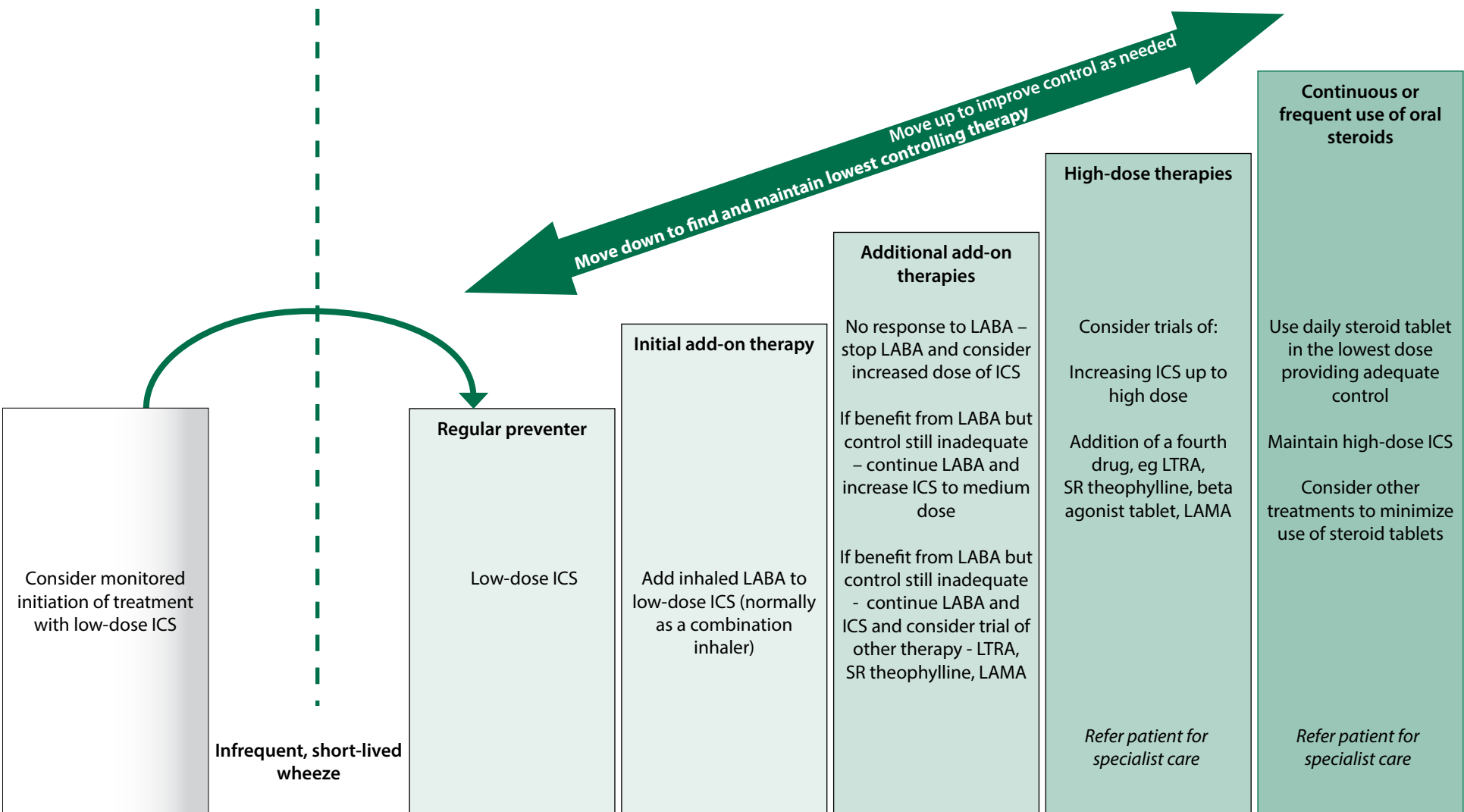


Asthma - suspected

Asthma - diagnosed

Diagnosis and assessment

Evaluation: •assess symptoms, measure lung function, check inhaler technique and adherence
•adjust dose •update self-management plan •move up and down as appropriate



Infrequent, short-lived wheeze

Move up to improve control as needed
Move down to find and maintain lowest controlling therapy

Short acting β_2 agonists as required – consider moving up if using three doses a week or more